

Place the food in a smaller bowl to give the impression of feeding more.



Weigh the food rather than measuring it. The amount to be fed is more accurate.



Get your pet moving! A brisk walk burns twice as many calories than when a dog is at rest. If they are running after a Frisbee or a ball, they can burn 3 times as many calories. It is the same for a cat chasing a laser light.



Give low calorie treats. A milkbone for large dogs contains 115 calories, whereas a medi-treat contains only 14.



Reduce the amount of food given after sterilization. 48 hours after the surgery, our companion animals burn up to 30% less calories and their appetite may increase.

- 30%