



Familiarizing yourself with the basic normal vital signs of your pet will help you to identify health problems quicker and prevent possible emergencies. When possible, seeing your vet at the first signs of an illness can have a better prognosis, and might end up being a less expensive visit than waiting too long and it ends up becoming an emergency.

Normal rates are when your animal is resting, but any pain, stress, or injury can cause them to increase.

Cats

Temperature: 38.0 °C - 39.2 °C (100.5 °F - 102.5 °F)

Respiratory rate: 16 - 40 breaths per minute

Cardiac rate: 120 - 140 beats per minute

Cats will have a higher temperature or respiratory rate when they are stressed in situations such as being at the vet, seeing another animal, or travelling in the car.

